The Biderman Report of 1956* and COVID-19 Measures

* "Communist Coercive Methods for Eliciting Individual Compliance"

The Chart of Coercion below, is taken from a report by Dr. A.D. Biderman, *identifying Chinese and Korean brainwashing techniques* used to make captured American servicemen *psychological* as well as physical prisoners.** Compare Biderman's Chart with your experience since February, 2020.

Chart of Coercion

Isolation

- Deprives individual of social support of their ability to resist
- Makes individual dependent upon the captor
- · Individual develops an intense concern with self.

Monopolization of Perception

- · Fixes all attention upon immediate predicament
- Frustrates all actions not consistent with compliance
- Eliminates stimuli competing with those controlled by the captor

Induced Debility and Exhaustion

- · Weakens mental and physical ability to resist
- · People become worn out by tension and fear

Threats

- · Cultivates anxiety and despair
- Gives demands and consequences for non compliance

Occasional Indulgences

- · Provides motivation for compliance
- · Hinders adjustment to deprivation
- · Creates hope for change, reduces resistance
- · This keeps people unsure of what is happening

Demonstrate Omnipotence

- Demonstrates futility of resistance
- · Shows who is in charge
- · Provides positive motivation for compliance

Degradation

- · Makes resistance seem worse than compliance
- Creates feelings of helplessness
- · Creates fear of freedom, dependence upon captors

Enforcing trivial demands

- · Develops habit of compliance
- Demands made are illogical and contradictory
- · Rules on compliance may change
- · Reinforces who is in control

COVID-19 Measures

Isolation

- · Social distancing
- · Isolation from loved ones, massive job loss
- · Solitary confinement semi-isolation
- · Quarantines, containment camps

Monopolization of perception

- · Restrict movement
- · Create monotony, boredom
- · Prevent gathering, meetings, concerts, sports
- Dominate all media the 24/7, censor information

Induced debility

- · Forced to stay at home, all media is negative
- Not permitted to exercise or socialize

Threats and Intimidation

- Threaten to close business, levy fines
- Predict extension of quarantine, force vaccines
- · Create containment camps

Occasional Indulgences

- · Allow reopening of some stores, services
- · Let restaurants open but only at a certain capacity
- · Increase more people allowed to gather
- Follow concessions with tougher rules

Demonstrate Ominpotence

- · Shut down entire economies across the world
- · Create money out of nowhere, force dependency
- Develop total surveillance with nanochips and 5G

Humiliation or Degradation techniques

- · Shame people who refuse masks, don't distance
- · Make people stand on circles and between lines
- Make people stand outside and wait in queues
- Sanitation stations in every shop

Enforcing trivial demands

- · Close parks, beaches, playgrounds
- Masks to be worn at home, or alone outdoors
- Changing limits on people allowed to be together
- · Sanitizers to be used over and over in a day

^{*} The Biderman Report https://consensualenslavement.com/bidermanreport.html

^{**} Amnesty International Report on Terror https://www.amnesty.org/en/documents/pol10/0001/1983/en/